



Cariboo Chilcotin Elder College

“ Spring Semester 2026 ” Newsletter

Lifelong Learning for Seniors 50+

We trust that Spring Semester 2026 will be one in which you keep on growing, improving, and learning.

COURSE REGISTRATION

Cash or Cheques only

Saturday

January 24, 2026

10:00 am – 12:00 pm

Seniors Activity Center

176 - 4th Ave N, WL

778-267-9437

email: weldercollege@gmail.com

website: www.weldercollege.com

JOIN US FOR:

- ◆ Registration
- ◆ Refreshments

'LATE' COURSE REGISTRATION **(for courses that are not full)**

Cash or Cheques only

Wednesday

January 28, 2026

1:00 pm – 2:30 pm

Seniors Activity Centre

176 - 4th Ave N, WL

POLICIES & PROCEDURES

see Page 2

Howdy Elder College Members,

Greetings from the Elder College Executive and Curriculum committees. During the 2025 year our membership grew to 246 members; including 112 new members. Very cool. Utilizing social media (Facebook – Cariboo Chilcotin Elder College), our webpage and increasing community awareness by joining WL Social Planning Council and our local Chamber of Commerce. Thanks to volunteers who attend these monthly meetings.

Annual General Meeting held Nov 3. We elected 9 directors including Vice-Pres, Treasurer and new President (there goes the neighborhood). Our membership fee remains the same - \$10.00 per calendar year.

We welcome new members on both the Executive and Curriculum committees. If you're interested in joining one of these committees, please contact our Executive for more information. Elder College relies on our volunteers, Course Instructors, and Course Coordinators who provide our community with these courses, delivering lifelong learning opportunities. ***We thank these volunteers for their on-going support!***

Our Board of Directors are encouraging all our members to introduce a friend to Elder College and bring them to Registration Day. Follow us on Facebook and share the stories so we can promote our organization.

I want to personally thank Bev Atkins for her tireless work as President. She's a tough act to follow. We thank all our members for your continued support of our programs.

A New Year's surprise! In calculating fees for each course, Cariboo Chilcotin Elder College has to manage fixed costs. For each registration, \$15 has gone towards insurance, room rentals, instructors' honoraria and office supplies. The recent increase in support for Elder College means that we have built up a surplus which we would like to give back to our participants. **For the Spring 2026 semester only**, fees for all courses have been reduced. We hope that this will enable more seniors to take courses, or to take more than one course. Tell your neighbors! Tell your friends! Help them become life-long learners.

Happy trails,

Larry Stranberg, President



Cariboo Chilcotin Elder College

Mission Statement: Cariboo Chilcotin Elder College is a volunteer organization committed to meeting the lifelong learning needs and educational interests of older adults in Williams Lake and surrounding areas. Elder College will provide a relaxed, learning environment without grades or exams, based on a curriculum of particular interest to members. Elder College seeks to meet its mission by recognizing the unique experiences and capabilities of its members.

Membership is open to anyone 50 years or older. Membership fee is \$10, and offers opportunity to:

1. participate in all Elder College courses, lectures and special events.
2. volunteer in a number of areas.
3. participate in the governance of Elder College.

Curriculum Policies & Procedures

1. The information collected on the *Registration Form* is confidential and used only by the Cariboo Chilcotin Elder College Executive and curriculum committee members. There shall be no video or audio recording of any course.
2. Course fees are set by the Elder College Executive and are reviewed regularly. Course fees reflect current economic circumstances.
3. Occasionally photos are taken during Elder College classes. Your instructor and/or Course Coordinator will seek your permission prior to any photos taken during class. These photos are used for promotional purposes.
4. A credit for the course may be considered in the event of an illness, family emergency or other extenuating circumstances. A credit may be considered if Elder College is notified one week in advance of the first session. The credit must be used at the next semester. Unused credits will expire at the end of the next semester. Credits can be transferred to another active member of Elder College.
5. To request a credit please contact the Course Coordinator who will collect information and forward it to the Curriculum Chair who will provide recommendations to the Executive.

Students need the physical ability to carry out the activities for the workshop for the course that they are signing up for.

Elder College recognizes participants may have scent allergies/sensitivities, so course participants are asked to refrain from use of scents/perfumes.

Board of Directors

Larry Stranberg, President	Joan Erb, Vice President	Bernie Kromhout, Treasurer
Cathy Walsh, Curriculum Chair	Brenda Sanford, Co-Treasurer	Bev Atkins, Promo/Communications
Margret Menzies, Membership	Gail MacLellan, Booking	Val Fleming, Director
Lynn Sales, Equipment	Linda Isfeld, Social	Jim Chorney, Director
Rhonda Labelle, Director	Cindy Brady, Secretary	

“ Thank you for supporting Elder College “

“Summary List” of Spring 2026 Semester Courses

- BIKES - BASIC MAINTENANCE**: Inst: Mary Forbes. \$10. Mondays; May 4, 11. 2:30-4:30pm. Kiwanis Park Picnic Shelter.
- BREEDING BIRDS IN WL AREA**: Inst: Phil Ranson. \$10. Sunday; May 31. 8:00-11:00am. Outdoors.
- CLIMATE CHANGE**: Inst: Susan O’Sullivan. \$10. Mondays; Feb 23, Mar 2. 1:00-3:00pm. Seniors Activity Center.
- COSMOLOGY - STARGAZING**: Inst: Bill Wedel, \$10. Thurs; Mar 5,12. 1-2:30p, and Mar19, Apr 2, 8-9:30p. Seniors Activity Ctr
- CREATIVE JOURNALING WITH A TWIST**: Inst: Kerry Cook. \$25. Wednesdays; Mar 4,11,18,25, Apr 1,8. 1:30-4:00p. Seniors Ctr
- DISC GOLF**: Inst: Mark Savard. \$10. Monday May 25. 10:00am - 12:00pm. Boitanio Park.
- ESTATE PLANNING**: Inst: Ryan Brink. \$10. Wednesday Mar 18, 10:00-11:30am. Community Futures Bldg.
- GENEALOGY**: Inst: Kate Pacey, \$25. Mondays; Mar 2,9,23. 12:30–2:30pm. Seniors Activity Center – downstairs.
- INVESTING - BASIC PRINCIPLES**: Inst: Mike Austin, Christina Roderus. \$10. Tuesdays; Apr 7, 14. 10:00-12:00pm. Seniors Ctr.
- KNITTING SOCKS**: Inst: Barb Bowles, Megan Tilitzky. \$25. Wednesdays; Feb 25, Mar 4,11,18. 12:45-2:45. Seniors Activity Ctr.
- MEDITATION**: Inst: Dianne Noort, \$20. Thu; Apr 2,16,23,30. 11–12pm, United Church Library, & Apr 9, 11:30-12:30p, WL Library
- MEMOIR WRITING**: Inst: Sage Birchwater, \$10. Thursdays; Feb 5,12,19,26. 9:30a-11:30am. Seniors Activity Center.
- MISSION RESIDENTIAL SCHOOL SITE INVESTIGATION TOUR**: Inst: Whitney Spearing, \$10. Thu; Apr 16. 9-1:00pm. Quigli Office
- PEROGIE MAKING WITH BABA OLLIE**: Inst: Ollie Martens. \$20. **2 separate courses**: Mon Mar 30 OR Mar 31. 2–5:00pm. Seniors Ctr
- QUILTING – BEGINNER**: Inst: Deb Palin, \$40. Thurs; Jan 29, Feb 5,12,19,26, Mar 5. 9:30a-12:30pm. Central Cariboo Arts Ctr.
- SEWING - LEGGINGS**: Inst: Cecilia Grayson. \$60. Tues Apr 21, & Thurs Apr 23. 12:30–2:30pm. Seniors Activity Center.
- SIKHISM – A CULTURAL EXPERIENCE**: Inst: Bob Sunner. \$10. Sundays; Feb 15, 12:30-3:30p, & Feb 22, 11:30-2:30p. Gurdwara
- SMART PHONE PHOTOGRAPHY**: Inst: Jesse Madden. \$20, Wednesdays; Feb 18,25, Mar4,11,18. 9-12:00p Legacy Bldg, Outdoors
- SOURDOUGH BREAD MAKING**: Inst: Shannon O’Donovan. \$20. Tues; May 12. 2:00–4:30pm. Seniors Activity Ctr – Kitchen
- TASTE OF T’AI CHI**: Inst: Denise Deschene. \$10. Tuesdays; Apr 28 & May 5. 2:00–3:00pm. Kiwanis Park.
- WATER IN WILLIAMS LAKE**: Inst: Jenny Howell. \$10. Tues; Apr 28 & May 5. 10–12:00pm. Seniors Activity Ctr, Scout Island
- WATERCOLOR BASICS**: Inst: Audrey Dye. \$25. Friday, Feb 6. 10–12:00pm, and 1-3:00pm. Central Cariboo Arts Ctr - upstairs.
- WILDFIRE BEHAVIOUR & RESPONSE STRATEGIES**: Inst: Eric Kopetski, Shelly Harnden. \$20. Tues; Feb 24, Mar 10. 9:30–11:30. WL Airport
- Cariboo Chilcotin Elder College is pleased to support Lions Club** in their offering of the following course:
- CONCESSION – COOK OUT**: Inst: Wilf Goerwell. \$5. Thu/Fri/Sat; April 23,24,25. 10:00-1:00pm. Bond Lake Gravel Pit.

“Full Description” of Spring 2026 Semester Courses

BIKES - BASIC MAINTENANCE

Course Instructor: Mary Forbes

Course Fee: \$10.00

Coordinator: Deb Radolla

Date/Time/Place: Mondays; May 4, 11. 2:30-4:30pm. Kiwanis Park Picnic Shelter.

Class Size: max 20

Course Description: Bring your bike (regular or e-bike), thin gardening gloves, closed toed shoes, and sunscreen for two, two-hour sessions of easy repairs. Hands on demonstrations: changing pedals, bike grips and tires. Tools and supplies will be provided. Mary is a recycler, not a mechanic. She will consult on gears and brakes but always advises you to support local shops for fine tuning.

Course Instructor: Mary Forbes is a former oil patch archaeologist who makes her living providing “trash talks, nature walks, bike repairs and recycling”. She provides free recycled bikes and maintenance workshops in small communities around B.C. What started as a program with the Cariboo Chilcotin Conservation Society has expanded to a traveling bike shop and trailer of free bikes - Mary calls this “Feral Bike Recycling”.

BREEDING BIRDS IN THE WILLIAMS LAKE AREA

Course Instructor: Phil Ranson

Course Fee: \$10.00

Coordinator: Rick Dawson

Date/Time/Place: Sunday; May 31. 8:00-11:00am. Outdoors.

Class Size: max 10

Course Description: The course will be a field trip to observe local breeding birds and their habitat. By late May all our breeding birds are back out on their territories including neotropical migrants that have travelled several thousand kilometers to spend a few short months to nest and raise their young before taking the journey south. The class will meet at a yet to be determined location.

Course Instructor: Phil Ranson’s interest in birds goes back to his childhood in England where summers were spent with his brothers improving their bird egg collection. He has maintained interest in birds, studying them and their habitats in the Cariboo Chilcotin, and has become a local expert.

CLIMATE CHANGE – WHAT DO SCIENTISTS KNOW

Course Instructor: Susan O’Sullivan

Course Fee: \$10.00

Coordinator: Cathy Walsh

Date/Time/Place: Mondays; Feb 23, Mar 2. 1:00-3:00pm.

Seniors Activity Center.

Class Size: max 20

Course Description: This course will feature a brief history of climate science, leading to discussion of local events (fire, flood, and drought). We will touch on energy alternatives, global and local successes, and how to detect greenwashing. Climate change is a vast subject! Are we viewing the stewardship of land, air and water holistically? We will touch on what has been included in **City of Williams Lake** Community Plan. There’ll be opportunity for questions and discussion.

Course Instructor: Susan holds a Master’s degree in Environment and Management, and has worked for the **Ministry of Forests and Water, Lands and Resource Stewardship**. She has worked with Indigenous Nations on conservation and wildlife habitat protection. Susan is devoted to the health of our planet.

COSMOLOGY - STARGAZING

Course Instructor: Bill Wedel

Course Fee: \$ 10.00

Coordinator: Darlene Campbell

Date/Time/Place: Thursdays; Mar 5 & 12, 1-2:30pm, and Mar 19 & Apr 2, 8-9:30pm. Seniors Activity Ctr.

Class Size: max 10

Course Description: A study of the Cosmos with a focus on the 12 constellations consisting of 48 stars. We will discuss the history, names, navigational purpose and location of the constellations. There will be 2 theoretical sessions at the Seniors Activity Center, and 2 sessions of stargazing at the Fox Mountain gravel pit which provides a 360-degree viewpoint using a telescope. Map provided at registration. **Students to bring a set of regular binoculars.**

Course Instructor: Bill calls Vancouver Island, & the interior of B.C. his home. He is a seasoned traveler and has worked in a variety of industries including farming, logging & commercial fishing. Bill has a Bachelor of Education and is a Building Engineering Technologist. He started delving into Cosmology in 1966.

INVESTING – BASIC PRINCIPLES

Course Instructor: Mike Austin & Christina Roderus Course Fee: \$ 10.00 Coordinator: John Shephard
Date/Time/Place: Tuesdays; Apr 7 and 14. 10:00-12:00pm. Seniors Activity Center. Class Size: max 12

Course Description: This is a two day course, one week apart. The first being a basic understanding of investment terms, the markets, etc. The second day will be a more in depth understanding of the financial field, understanding individual risk assessment, portfolio protection, and retirement ideas/concerns.

Course Instructor: Mike and Christina have over 25 years of combined experience in the finance business. They work out of the Raymond James office in town and have plenty of experience in courses on finance.

KNITTING SOCKS - CUFF DOWN OR TOE UP

Course Instructor: Barb Bowles & Megan Tilitzky Course Fee: \$25.00 Coordinator: Joanne Wright
Date/Time/Place: Wednesdays; Feb 25,Mar 4,11,18. 12:45-2:45. Seniors Activity Ctr Chilcotin Rm. Class Size: max 10

Course Description: Learn how to knit your own socks with Barb and Megan. They will provide instruction on two ways to knit socks, Cuff down or Toe Up! Students must have basic knowledge of knitting, cast on knit, purl, cast off. **Students must provide: 2 skeins of worsted weight Briggs & Little “Tuffy yarn” at Kit & Kaboodle or Spinners & Weavers Guild or Ibea’s. Must be wool not acrylic or cotton. 3.5 or 3.75 knitting needles – double point or circular.**

Course Instructor: Both Barb and Megan have been knitting since childhood. Their combined expertise in socks extends over 40 years.

MEDITATION

Course Instructor: Diane Noort Course Fee: \$ 20.00 Course Coordinator: Carol Thiessen Class Size: max 12
Date/Time/Place: Thur; Apr 2,16,23,30. 11–12pm @ United Church Library, & Apr 9, 11:30-12:30pm @ WL Library.

Course Description: Learn new analytical meditations, practice at home. Discuss how it went to solve problems or if questions come up. This is a secular course, focuses on understanding how meditation leads to mind clarity, improving memory, and a greater feeling of satisfaction in life. This course has been offered several times, and is always popular.

Course Instructor: Diane has practiced meditation for 20 years. Over those years she has learned different types of meditation and discovered how they can be used to help create a better life. She is excited to lead this course.

MEMOIR WRITING

Course Instructor: Sage Birchwater Course Fee: \$ 10.00 Coordinator: Carol Thiessen
Date/Time/Place: Thursdays; Feb 5,12,19,26. 9:30-11:30am. Seniors Activity Center. Class Size: max 20

Course Description: Writing your memoir. Telling your story. We all have a unique place in time and history. Each of our stories are important. Get to know yourself by tapping into your memory. Get to know each other by listening to and sharing your stories with others.

Course Instructor: Sage Birchwater (nee Rick Stamford) has lived in the Cariboo Chilcotin since 1973. He has travelled North America and had a variety of occupations focused on his relationship with the land. He has written several non-fiction books about our region and has worked for the Tribune. Sage has published 13 titles and is currently working on a biography.

MISSION RESIDENTIAL SCHOOL SITE INVESTIGATION TOUR - METHODS & PRACTICES

Course Instructor: Whitney Spearing

Course Fee: \$ 10.00

Coordinator: Bev Atkins

Date/Time/Place: Thursday; Apr 16. 9:00-1:00pm. Quigli Office at WLFN Community.

Class Size: max 40

Course Description: This course will examine the history of the St. Joseph's Mission residential school through a place-specific approach. The Mission school operated from 1891 to 1981 under the Oblates of Mary Immaculate. Since 2021, **Williams Lake First Nation** has launched an investigation into the school regarding students who died or disappeared while attending the school. Join instructor Whitney Spearing (MA, RPCA) in a course about the history of the residential school and recent groundwork that has been done in the investigation. **Students are required to bring your own lunch, and provide their own transportation to 2 locations: the WLFN office located at 2561 Quigli Drive and then on to the St. Joseph's Mission Site for a field tour. Students must have good mobility and be aware of onsite hazards including uneven ground, gopher holes and unpredictable weather.**

Course Instructor: Whitney is the lead investigator and archaeologist for the St. Joseph's Mission Residential School and Onward Ranch Investigation. She is currently the Director of Natural Resources for **Williams Lake First Nation**.

PEROGIE MAKING WITH BABA OLLIE

Course Instructor: Ollie Martens

Course Fee: \$ 20.00

Coordinator: John Shephard

Date/Time/Place: **2 separate courses:** one on Monday Mar 30. 2:00 – 5:00pm. Seniors Activity Center. Class Size: max 8
one on Tuesday Mar 31. 2:00 – 5:00pm. Seniors Activity Center.

Course Description: Learn the art of 'perogie making' through hands-on experience. Participants make and sample perogies in class as well as taking some home. **Students to bring an apron, cookie sheet with parchment paper, and rolling pin.**

Course Instructor: Ollie is Ukrainian – through & through. Ollie Martens has lived in Williams Lake for 55 years and has been making homemade perogies ever since.

QUILTING - BEGINNER

Course Instructor: Debra Palin

Course Fee: \$ 40.00

Coordinator: Debra Palin

Date/Time/Place: Thursdays; Jan 29, Feb 5, 12, 19, 26, Mar 5. 9:30a-12:30pm. Central Cariboo Arts Ctr. Class Size: max 10

Course Description: In this class students will learn the basics of sewing strips, squares and triangles. These will be used to create a project of their choice. **Students will need to bring a sewing machine, cutting mat, rulers and a rotary cutter if available. A limited number of these items may be provided by the club. An extension cord with surge protection is recommended. Students need to provide their own 100% cotton fabric including at least 0.5 meters each of coordinating light, medium, dark and "feature". Cotton thread of a neutral color is also required. Stair access only.**

Course Instructor: Debra is a quilter with 25 years of experience and has been a member of the **Cariboo Piecemakers Quilting Club** in Williams Lake since 2002. She has enlisted the assistance of club members to help teach the course providing students with more individualized instruction.

SEWING – LEGGINGS WITH APPLIQUE DESIGN

Course Instructor: Cecilia Grayson

Course Fee: \$ 60.00

Coordinator: Vonna Underhill

Date/Time/Place: Tues Apr 21, and Thurs Apr 23. 12:30–2:30 pm. Seniors Activity Center - downstairs. Class Size: max 10

Course Description: Cecilia will guide participants to sew a pair of 'custom fit, unique' leggings in their choice of size and color. You will applique a design of your choice on the leggings (legging fabric supplied). **Students must bring a sewing machine, scissors, seam ripper, pins, thread and a measuring tape to every class.**

Course Instructor: Cecilia has over thirty years of experience as a clothing designer, pattern maker and educator. She designs a line of clothing called Tribes Collection. Check it out at tribescollection.ca.

SIKHISM – A CULTURAL EXPERIENCE

Course Instructor: Baldish Singh Sunner, AKA Bob

Course Fee: \$ 10.00

Coordinator: Bev Atkins

Date/Time/Place: Sundays; Feb 15, 12:30-3:30pm, and Feb 22, 11:30-2:30pm. Gurdwara.

Class Size: max 25

Course Description: Participants will meet at the Gurdwara at 315 Pine Street to join the congregation for an overview & introduction of the Sikh Religion. This session will commence joining the congregation for lunch and then a two hour overview. The following Sunday we will join in the Sunday Service and then enjoy a traditional lunch with the congregation. After our lunch we tour the Gurdwara, then there will be a presentation about the history of Sikhism, followed by a discussion and questions. This is a wonderful opportunity to learn about Sikhism and enjoy the best food outside of India! **Participants need to cover their head: scarves are available or bring your own. Shoes must be removed in entryway, easier if you wear slip-on shoes. There is a collection at the service so you may wish to bring coins to give. Participants are seated with the congregation on the floor. For those needing accommodation there is some low seating available or you may stand.**

Course Instructor: Born and raised in Williams Lake, Bob is a local business owner and an avid volunteer. He enjoys volunteering at the Gurdwara and appreciates opportunities to teach others about Sikhism.

SMART PHONE PHOTOGRAPHY

Course Instructor: Jesse Madden

Course Fee: \$ 20.00

Coordinator: Bev Atkins

Date/Time/Place: Wednesdays; Feb 18,25,Mar 4. 9:00-11:00am. Legacy Building (Kornak & Hamms). Class Size: max 20

Mar 11, 18. 9:00-11:00am. Outdoors.

Course Description: Learn to take professional photos with the camera you always have in your pocket. This course will focus on understanding your smart phone camera, learning photography fundamentals, mastering composition and in field practicing and learning. **Students bring a Smart phone with camera. This class is a combination of 3 indoor and 2 outdoor sessions so students must have good mobility and be aware of onsite hazards including uneven ground, and unpredictable weather. Stair access only.**

Course Instructor: Jesse Madden has been teaching photography since 2011. She is a professionally trained photography and artist. Jesse specialized in commercial photography but teaching photography is close to her heart.

SOURDOUGH BREAD - DEMONSTRATION

Course Instructor: Shannon O'Donovan

Course Fee: \$ 20.00

Coordinator: Vonna Underhill

Date/Time/Place: Tuesday; May 12. 2:00–4:30 pm.

Seniors Activity Center - Kitchen.

Class Size: max 15

Course Description: Learn how to make a loaf of sourdough bread from start to finish including how to start and feed your own sourdough starter. Shannon will demonstrate all stages of how to make artisan sourdough bread. You will also receive some starter and recipes to take home and to continue your sourdough journey.

Course Instructor: Shannon O'Donovan began **Birch Bark Bakery** on the shores of Beaver Lake almost a decade ago, experimenting with various flours and techniques to perfect her wonderful sourdough breads and other wholesome creations. She enjoys sharing her knowledge and providing hands-on workshops teaching the art of sourdough from starter to finished loaf.

TASTE OF T'AI CHI

Course Instructor: Denise Deschene

Course Fee: \$ 10.00

Coordinator: Deb Radolla

Date/Time/Place: Tuesdays; Apr 28 & May 5. 2:00–3:00 pm.

Kiwanis Park.

Class Size: max 20

Course Description: This introductory class will include two one-hour sessions. Participants will learn about the theory behind T'ai Chi and Chi Gong while practicing the gentle circular movements. T'ai Chi is good training for Fall Prevention which is so important to seniors. The class may be held outside in Kiwanis Park if the weather permits

Course Instructor: Denise has been teaching T'ai Chi in Williams Lake for over 30 years. She is involved in many volunteer pursuits in the community as well.

WATER IN WILLIAMS LAKE

Course Instructor: Jenny Howell

Course Fee: \$ 10.00

Coordinator: Deb Radolla

Date/Time/Place: Tuesdays; Apr 28 & May 5. 10:00–12:00pm. Seniors Activity Center, and Scout Island. Class Size: max 15

Course Description: This water stewardship will include discussions and demonstrations about watershed health, conservation practices, the importance of wetlands, and protecting our water now and in the future. The first session will cover information about water in the Williams Lake area, including groundwater, the region's aquifer, and how contaminants enter the watershed. The second class will include a tour of the City's water system to learn how Williams Lake obtains its water supply, and treatments used to keep residents safe. **Students must have good mobility and be aware of onsite hazards including uneven ground, and unpredictable weather.**

Course Instructor: Jenny is the Executive Director of the **Cariboo Chilcotin Conservation Society** and an instructor for the Water Wise Program. She teaches water stewardship courses at schools in the Cariboo Chilcotin. In collaboration with the **City of Williams Lake Water and Sewer** department, she will share her expertise.

WATERCOLOR BASICS

Course Instructor: Audrey Dye

Course Fee: \$ 25.00

Coordinator: Deb Radolla

Date/Time/Place: Friday, Feb 6. 10–12:00pm, and 1:00-3:00pm. Central Cariboo Arts Center - upstairs. Class Size: max 14

Course Description: Audrey will teach the basics to new and budding art enthusiasts. No experience is necessary, and everyone is welcome to learn simple techniques to start exploring with paints. During this course, we will learn about washes and basic brush techniques, how to create simple images (eg. flowers, landscapes), and complete 1 or 2 simple paintings. Audrey will supply paper and special materials. **Material list will be supplied at registration. Stair access only.**

Course Instructor: Audrey was a primary teacher in Williams Lake schools for 38 years. Following her retirement in 2010, she became more involved in several artistic endeavors, including watercolor painting, crafts, visual arts, choral singing, and ukulele strumming. She has been an instructor of Elder College watercolor courses for the past several years.

WILDFIRE BEHAVIOUR & RESPONSE STRATEGIES

Course Instructor: Eric Kopetski & Shelly Harnden

Course Fee: \$ 20.00

Coordinator: Bev Atkins

Date/Time/Place: Tuesdays; Feb 24, Mar 10. 9:30–11:30am.

Fire Center at WL Airport.

Class Size: max 20

Course Description: This is a two-session course and the **first** session will include Eric sharing his knowledge with community members focusing on: How wildfire behavior is changing in BC's forests and communities. How the province prioritizes the response to wildfires. The **second** session will be a field tour (participants are responsible for getting themselves to the site (20 km one way) led by Shelly Harnden to a fuel treatment area located at Borland Valley. This outdoor activity will feature a guided walking tour of a treated landscape-level fuel break located in the Borland Valley.

Course Instructor: **Eric Kopetski** is a *Wildfire Behavior Analyst* with the **BC Wildfire Service**. He provides technical expertise to Incident Management Teams during major wildfire incidents, supporting decision-making with detailed fire-behavior forecasts, terrain and fuel assessments, and strategic recommendations for suppression planning and safety.

Shelly Harnden, RFT, is a *Land & Resource Coordinator* with the **Cariboo Chilcotin Natural Resource District** in Williams Lake. Her operational experience, combined with her practical knowledge of wildfire behavior and mitigation strategies, has made her a key resource in supporting community resilience.

Cariboo Chilcotin Elder College is pleased to support the Lions Club who is offering the following course ...

Lions Club "CONCESSION COOK OUT"

Course Instructor: Wilf Goerwell

Course Fee: \$ 5.00

Coordinator: Wilf Goerwell

Date/Time/Place: Thu/Fri/Sat; April 23,24,25. 10:00-1:00pm.

Bond Lake Gravel Pit.

Class Size: max 10

Course Description: Learn how to be an outdoor concession cook or helper. Join the Lions at the Heavy Metal Rock outdoor concession for High School running heavy equipment. Individuals would learn about the BC Temporary Food Permitting process, food safety plans and basic safe food handling. Then they will have opportunity to put safe food handling into practice cooking and serving food at this lunch time event. Come for one day or all three days.

Course Instructor: Wilf Goerwell has been involved with the Lions Food Concession Trailer for 10 years.

" Thank you for supporting Elder College "

(Updated 11.21.2025)